

## BREAKFAST

### starters

|                                           |             |
|-------------------------------------------|-------------|
| FRESH SQUEEZED ORANGE OR GRAPEFRUIT JUICE | \$3.25/4.50 |
| FRESH FRUIT BOWL                          | 9.25        |
| with lowfat lemon yogurt                  | 1.50        |
| 1/2 GRAPEFRUIT                            | 3.75        |
| MELON IN SEASON                           | 4.50        |

### cereals

|                                                                                          |          |
|------------------------------------------------------------------------------------------|----------|
| CONTINENTAL - small juice, muffin or scone, and coffee                                   | 9.00     |
| HOMEMADE GRANOLA - served with fresh fruit in season and milk                            | 7.50     |
| with almonds and dried cranberries                                                       | ADD 1.50 |
| OATMEAL - served with bananas, raisins & cinnamon, with milk and brown sugar on the side | 7.50     |
| with strawberries ADD 2.00 with soy milk ADD 1.00                                        |          |

### eggs

egg orders are served with a choice of home fries or fruit, or sliced tomatoes, and an english muffin, wheat, rye, or sourdough toast to substitute cottage cheese for potatoes, add \$1.50 substitute raisin nut toast, add \$2.00 substitute bagel, add \$1.00 egg whites, add \$1.50

|                                                                                                                                                                                                                                                                                                              |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| EGGS A PAIR - two eggs any style                                                                                                                                                                                                                                                                             | 8.00  |
| COUNTRY STYLE - three eggs any style with a choice of bacon, chicken sausage or ham                                                                                                                                                                                                                          | 10.00 |
| CAFE OMELETTE - choice of three ingredients: ham, bacon, onions, red peppers, tomatoes, spinach, mushrooms, sun-dried tomatoes, jalapeños, basil, sour cream, olives salsa, swiss, jack, feta, or cheddar cheese. extra ingredients may be added for \$1.00 each. chicken sausage in an omelette, add \$2.00 | 10.00 |
| LOX SCRAMBLE - two eggs with Norwegian smoked salmon and grilled onions                                                                                                                                                                                                                                      | 12.00 |

### specials

|                                                                                                                                                                                                             |       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| HUEVOS RANCHEROS - two fried eggs, black beans, ranchero salsa, cheese, guacamole, sour cream, and pico de gallo served on a deep fried or soft flour tortilla                                              | 10.00 |
| BREAKFAST BURRITO - scrambled eggs, black beans, chicken sausage, red pepper, jack and cheddar cheese, pico de gallo, sour cream, and guacamole wrapped in a warm flour tortilla and served with home fries | 10.50 |
| EGGS BENEDICT - two poached eggs and canadian bacon stacked on a toasted english muffin, topped with hollandaise sauce and served with home fries                                                           | 10.50 |
| EGGS FLORENTINE - two poached eggs, sauteed spinach and grilled tomatoes stacked on a toasted english muffin, topped with hollandaise and served with home fries                                            | 10.00 |
| LOX BENEDICT - two poached eggs and Norwegian smoked salmon on a toasted bagel, topped with hollandaise sauce and served with home fries                                                                    | 11.95 |
| MONTANA CHICKEN HASH - two poached eggs and grilled tomatoes on herb-seasoned chicken hash, topped with cilantro hollandaise and served with choice of toast                                                | 11.00 |
| NORWEGIAN SMOKED SALMON PLATE - served with sliced tomato, bermuda onion, bagel and cream cheese with capers, add \$1.00                                                                                    | 13.00 |
| RIB EYE STEAK AND EGGS - served any style with home fries and choice of toast                                                                                                                               | 14.00 |
| PROTEIN SCRAMBLE - egg whites scrambled with grilled chicken breast, spinach, tomato, basil and feta cheese, served with home fries and choice of toast                                                     | 11.00 |

### pancakes

|                                                                                                                                                                  |       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| WAFFLE - topped with fresh fruit and served with butter and syrup on the side                                                                                    | 9.75  |
| FRENCH TOAST - made with thick-sliced egg bread, sprinkled with cinnamon & powdered sugar, and served with butter and syrup on the side                          | 8.95  |
| GRANOLA FRENCH TOAST - made with thick-sliced egg bread rolled in homemade ground granola, topped with vanilla sauce and served with raspberry puree on the side | 10.00 |
| OATBRAN BANANA PANCAKES - topped with sliced bananas & walnuts, and served with butter and syrup on the side                                                     | 9.75  |
| BUTTERMILK PANCAKES - served with butter and syrup on the side with fresh fruit, add \$2.50                                                                      | 8.75  |
| BLYNAS - european style crepe filled with seasonal fruit, sprinkled with powdered sugar and served with whipped cream on the side                                | 9.50  |

### side orders

|                          |      |                          |      |                  |      |                 |      |
|--------------------------|------|--------------------------|------|------------------|------|-----------------|------|
| homemade scone or muffin | 3.75 | one egg any style        | 2.95 | sliced red onion | 1.25 | lemon yogurt    | 2.50 |
| toast/english muffin     | 2.50 | two eggs                 | 4.00 | sliced tomatoes  | 3.50 | capers          | 1.50 |
| bagel                    | 2.75 | three eggs               | 6.00 | cottage cheese   | 2.95 | pico de gallo   | 2.75 |
| bagel with cream cheese  | 4.50 | grilled chicken breast   | 4.95 | pure maple syrup | 2.75 | avocado         | 3.00 |
| raisin nut toast         | 3.50 | ham or canadian bacon    | 4.50 | sour cream       | 1.50 | guacamole       | 3.00 |
| home fries               | 3.50 | bacon or chicken sausage | 4.50 | hollandaise      | 2.00 | cream cheese    | 1.75 |
|                          |      |                          |      | vanilla sauce    | 2.00 | raspberry sauce | 1.75 |

### drinks

\* FRESH SQUEEZED STRAWBERRY LEMONADE PER GLASS - \$3.50 \*

|                                                 |      |                                    |             |                              |             |
|-------------------------------------------------|------|------------------------------------|-------------|------------------------------|-------------|
| coffee, house blend or decaf                    | 2.50 | panna, still mineral water, 500 ml | 3.75        | espresso / decaf espresso    | 2.75        |
| Harney & sons gourmet hot tea, assorted flavors | 2.75 | pelligrino, 500 ml / 1000 ml       | 3.75 / 7.00 | cappuccino or latte / double | 3.50/4.50   |
| extra tea bag                                   | 2.00 | apple or cranberry juice           | 3.50        | mocha / double               | 3.75/4.95   |
| hot chocolate (with whipped cream, add \$.50)   | 3.75 | milk                               | 2.95/4.00   | cafe au lait                 | 3.50        |
| iced tea (passion fruit flavored)               | 2.50 | soda                               | 2.50        | soy milk in above drinks     | ADD .50     |
|                                                 |      |                                    |             |                              | DOUBLE 1.00 |